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Our Mission

To address the unmet mental health needs within our community through support, referral, education, and outreach.

Our Vision

A world where all those impacted by mental illness know they are not alone, and are empowered to live their most fulfilling life.

2017 INCOMING DIRECTORS

Jen Dold
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Ashley Fontaine, MSW
Executive Director
Erica Helsel, MS
Development & Operations Manager

Katie Mahoney, MSSW
Program Coordinator
Selena Aston
AmeriCorps Member
Helpline Coordinator

Your Impact

We educated more than

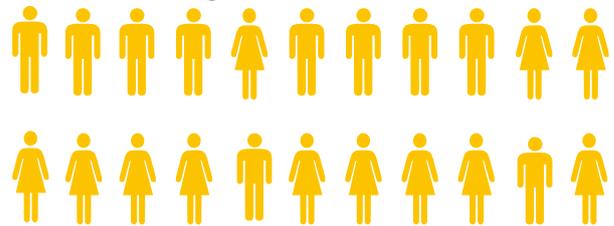
1,000 teens

about the signs and symptoms of mental health conditions

through our Ending the Silence Program in 2016

86 graduates

finished Family-to-Family with the communication skills they need to support someone they care about who is living with a mental illness



Our 2016 summer interns (from left to right: Mike, Anna, Miguel, Deanna, and Lacy)

14

interns learned the ins and outs of advocacy and mental health resources in Seattle

We awarded **66 Scholarships** to increase access to mental health education through the King County Consumer Training Fund

In Our Own Voice volunteers showed **755 people** that recovery is real by sharing their story

We taught **100+** public library staff how to connect teens and families to mental health resources

97%

of Seattle-area students who participated in Ending the Silence reported that they could identify the early warning signs of mental illness.

"A student told me that her relative had died from suicide recently. The Ending the Silence presentation made her feel like it was ok to talk about what had happened and that she didn't need to feel ashamed."

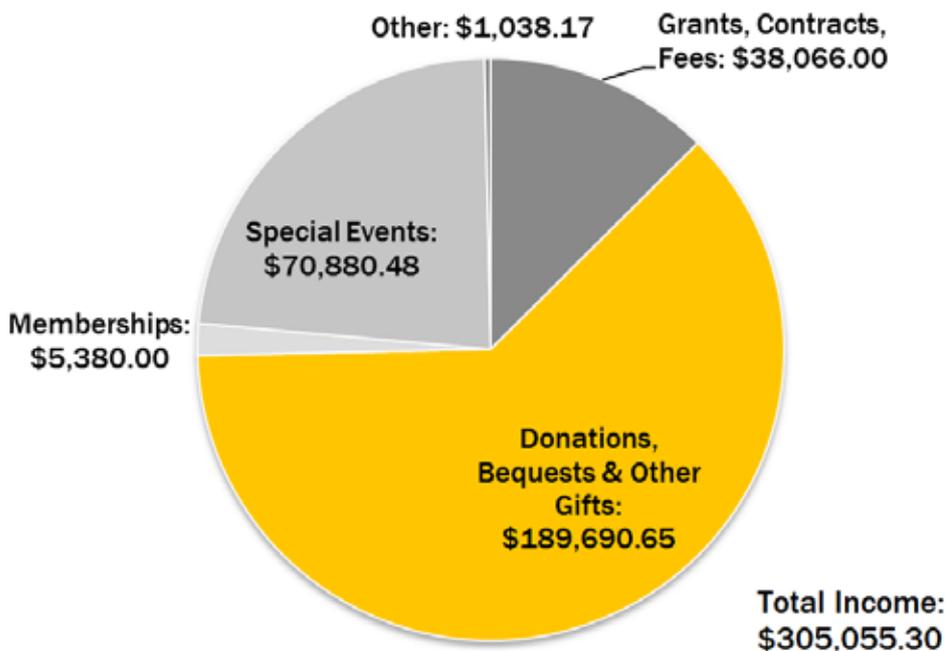
Boys & Girls Club Staff

"Librarians are uniquely positioned to help teens find the information at the time and point of need - and you've helped connect us with resources to better assist teens who need them."

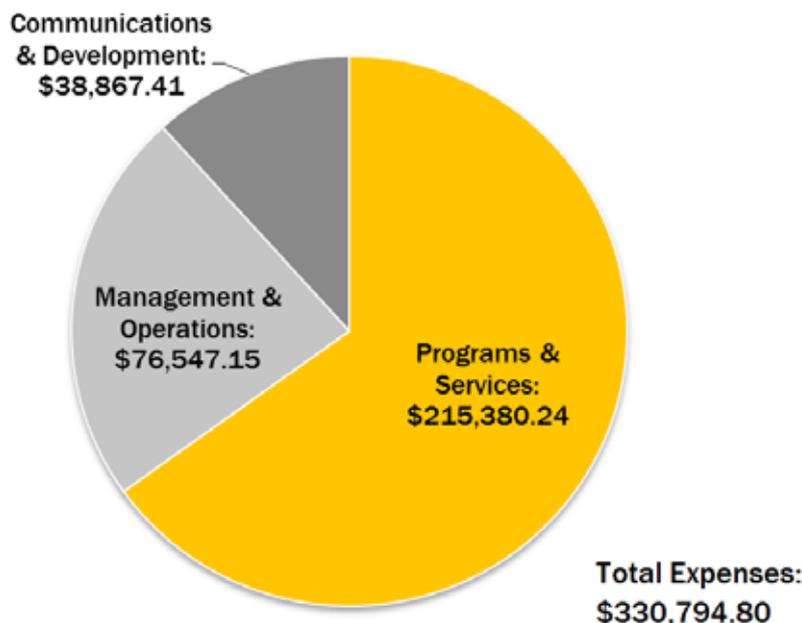
Meaghan, Special Projects Librarian

2016 Financials

Income



Expenses



A note about our 2016 financials: Expenditures exceeded our income in 2016, a decision that was approved in advance by the NAMI Seattle Board of Directors. These expenses were related to the closure of the Hofmann Houses, and were supported by NAMI Seattle's available savings.

Looking Forward to the Future

2017 has already been a year of many achievements, from closing the last chapter of the Hofmann House program, to doubling our Ending the Silence presentations for youth. And, we are especially excited to begin planning for next year: 2018 is our 40th anniversary!

Stay tuned for...

- A survey for all of our members about why you choose to be part of NAMI, what we're doing well, what we can do better, and your hopes and dreams for the next 40 years of NAMI in Seattle.
- Requests for your input as we begin the planning process for a new and improved online presence.
- Updates for NAMI signature programs: both In Our Own Voice and Peer to Peer will have significant changes coming soon!
- A fun and festive 40th anniversary celebration to recognize some of our most dedicated and long-standing volunteers and supporters.